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**RUST-OLEUM®**

# Make It Yours

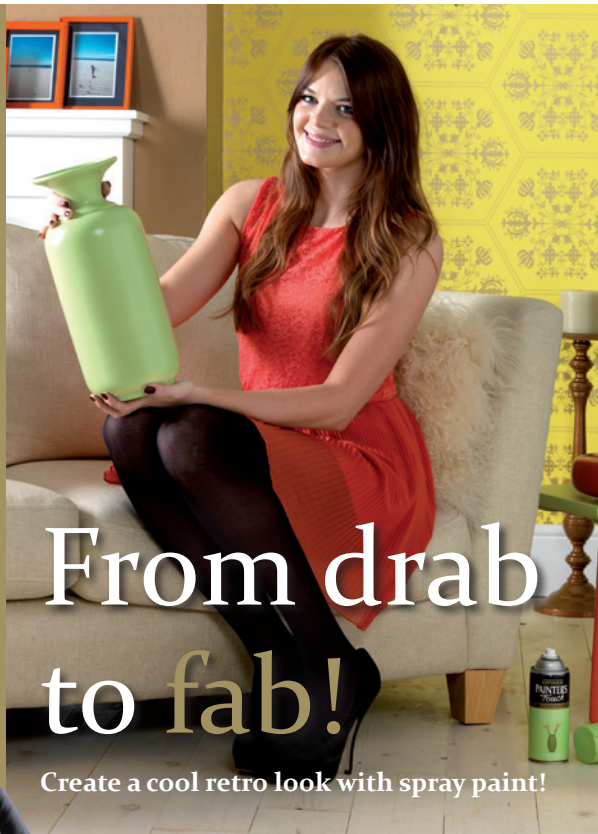
CREATIVE IDEAS FOR USING SPRAY PAINT IN YOUR HOME & GARDEN



**Cool kitchen** brighten up your kitchen in no time at all



**Furniture facelift** update your garden furniture today



## From drab to fab!

Create a cool retro look with spray paint!



## Beeny's brush off

Sarah Beeny shows you how to paint like a pro without having to pick up a brush!



PREMIER QUALITY BASE PAINT  
**RUST-OLEUM**  
**PAINTER'S**  
*Touch*  
MULTI-PURPOSE PAINT

Quick-drying spray paint  
for interior & exterior projects.  
Provides a perfect finish on  
wood, metal & ceramic.



**CHERRY RED**  
GLOSS FINISH

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# LET US SPRAY

Here at Rust-Oleum we're very excited to present this, the first issue of 'Make it Yours' - a showcase of beautiful effects, colours and finishes that can be achieved so easily with just a can or two of spray paint.

This issue we've got Sarah Beeny - a champion of spray painting - who has given us her tips and some great advice. We're sure after reading Sarah's column you'll be inspired to have a go.

Plus we have a whole host of objects that we have found in charity shops, car boot sales, auction houses and on the high street that we have revamped just for you. We've done such a good job that they wouldn't look out of place in an upmarket furniture shop! We explain how you can do the same with your objects.

Finally, be sure to enter our competition where you can 'Show Us Your Stuff' for a chance to win £250 or a bumper pack of spray paint simply by sending us a photo of your own project.

We really hope you enjoy the magazine and enjoy using our products. Details of stockists are available on our website [www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com).

## The Rust-Oleum Team

*P.S. If you've any questions for us please call 0191 410 6611 or get in touch via our website.*



For more spray painting tutorials and project ideas

please visit [www.rustoleumsspraypaint.com](http://www.rustoleumsspraypaint.com)





# HOW TO SPRAY PAINT

If you've never used spray paint before, don't worry - it's far easier than you think. Just follow these simple instructions from the experts at Rust-Oleum and you'll be up and running in no time.



## Step 1

Before you begin, make sure you're in a well ventilated area. After reading the instructions begin shaking the can for the stated amount of time. For most spray paints it is recommended you begin counting time once the can makes a noticeable rattling sound.



## Step 2

Put some old newspaper down and practice your spraying technique. Note that if you go too fast or leave the can pointing at one spot too long, you'll get uneven gloss. Practice spraying in slightly overlapping stripes.



## Step 3

Carefully prepare the object ensuring it is clean and dry. Prime where necessary. Test the paint on an inconspicuous area of the object to be painted to ensure colour compatibility. Use a specialist primer as necessary.



## Step 4

Carefully mask any areas of the object not to be painted. Apply the paint quickly at the recommended spraying distance, alternating between moving the can from left to right and up and down. Pause to shake the can at regular intervals during painting. Be sure to slightly overlap on each stroke to prevent striping. Apply several thin coats and allow to dry for the stated time before recoating.




SARAH BEENY



# Beeny's Brush-off!

Sarah Beeny explains why sometimes it's actually better *not* to use a brush when you're painting!



“Spray painting provides a quick and easy way to update the appearance of virtually anything you have lying around - best of all, it’s great fun!”

### Sarah says...

On fiddly objects such as wicker chairs, spray paint is fantastic. The spray gets in all the hard to reach spots which would take forever to do with a brush.

### Distressed elegance....

A distressed finish can be easily achieved with spray paint, simply spray an object in your chosen colour and when dry, sand raised areas and edges to reveal the original finish or undercoat. **Chair and side table: Rust-Oleum Painter's Touch in Heirloom White (Satin).**

Sarah Beeny is one of the most recognisable names in property development with the highly successful TV series, Property Ladder. More recently we have seen her in an epic struggle to restore Rise Hall, a crumbling 97-room Georgian stately home in *Beeny's Restoration Nightmare*, where Sarah fulfils her ambitious plans to restore the property back to its former glory.

A huge fan of spray painting, Sarah has given us some of her tips and advice on how to get started with spray paints as well as some tips for objects to paint around the home. “Once you start using spray paint you are always looking for your next project”, says Sarah, “be it in the garden shed or at the nearest charity shop... nothing is safe! It is astonishing how fast I can completely transform something with spray paint and I love that! Spray painting provides a quick and easy way to update the appearance of virtually anything you have lying around - best of all, it’s great fun”



**Picture Frame**  
Rust-Oleum Painter's  
Touch in Almond (Gloss)



### Sarah's Tips

## SPRAY PAINTING getting started...


- ✓ Be prepared! Prepare the area where you are planning to do your spray painting and cover with dust-sheets and old newspaper.
- ✓ Ensure the surface of the object to be painted is clean and dry. Sand off any existing paint or varnish and if in doubt, use a coat of primer to ensure paint adheres well.
- ✓ The trick to applying spray paint is to apply lots of thin coats - leave each coat to dry slightly before applying the next. This won't take long as spray paint dries so quickly but it really is worth it to avoid runs.
- ✓ Leave your objects for 24 hours after applying the last coat to really ensure they are hard dry. If you move/ pick up objects before they are ready they can be chipped, smudged etc.

As a property developer, TV presenter, entrepreneur and mum to four, it is a wonder Sarah has time to attempt any DIY but she explains "I enjoy renovating - and I see spray painting as a great, quick method of renovation - while some of my other projects can last years, with spray paint I can get the job done in half an hour!"

"As furniture and objects are prone to knocks and dents, I've found spray painting can quickly cover up any scratches or mishaps - which is useful in a household with lots of children running about!"

Sarah is also a fan of Rust-Oleum's speciality paints that create some amazing decorative effects, including stone, textured and metallic, "At Christmas I love to get out the metallic sprays and it is amazing how festive anything looks after a quick spritz".





**Sarah says...**

Spray paint is a great way to get the latest look whatever your budget - and if you tire of it or trends move on, simply spray it again next season!

## Kitchen Kitsch

Our kitchen chairs were inspired by summery vintage florals and pastel shades. Spray painted with Rust-Oleum Painter's Touch in Candy Pink, Green Apple, French Lilac and Strawflower (all Satin finish).



### Sarah's advice on what to spray...

"If you are working on a tight budget, spray painting an old piece of furniture can be the perfect way to inject some of your style into a room. Check out the sale rooms, auction houses and salvage yards for pieces that you can bring back to life and add a signature piece to a room."

"Don't throw away your old favourite objects, even if they are starting to look a bit tired. Use the ideas in this booklet to inspire you on how to give items a new lease of life. Picture frames, vases, candlesticks and lamp holders are great starter projects."

"Not only is spray painting great fun, you will have the satisfaction of creating something individual - a one off - for the price of a can of paint. Best of all, there are no messy brushes to clean up afterwards!"





SARAH BEENY

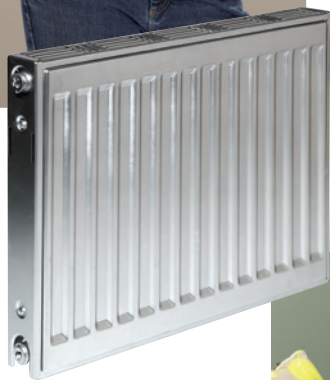
“Spray painting is a quick and easy way to improve the appearance of a radiator.”



Spray Painting is a quick and easy way to improve the appearance of a radiator, which in turn can completely change the look of a room. A smooth, brush-mark free and very professional finish can be achieved in minutes.

Rust-Oleum's Radiator Enamel is available in white satin, white gloss, chrome and silver metallic.

You can find a useful, step by step guide on revamping a radiator at [www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com).



▲ Spray paint gives radiators a smooth, professional finish and a radiator that looks like new.

▶ An old cast iron radiator is made over with Rust-Oleum Radiator Enamel in Chrome.



"Not only is spray painting great fun, you will have the satisfaction of creating something individual.

A one off - for the price of a can of paint."



▲ Sarah uses Rust-Oleum Metallic Spray Paint in Chrome to transform this lamp base that was once black!

## CLASSIC NEUTRALS



▲ Above, this second-hand mirror was sprayed with Rust-Oleum Universal White (Satin) and looks absolutely divine.



# Classic neutrals

Warm whites and classic neutrals show that colour isn't the only way to brighten a room. These shades are perfect for creating a sense of light and space and making dark rooms feel lighter and small rooms feel bigger. Timeless and versatile, these colours can be at home in both classic and contemporary rooms without ever going out of fashion. Rust-Oleum's spray paint range features around 10 shades of white, off-white and cream in a variety of finishes. Go for a high gloss finish to boost light further. This look can be complimented with candles and fresh flowers, and can be softened by adding cushions and throws in different textures. Seasonalise by adding a few pieces in a deep red or chocolate for winter, and lighter shades for spring. At Christmas team with metallic objects - see our metallic spray paints on page 19 for ideas.



▼ Unrecognisable - Our collection of photo frames were given two light coats of Rust-Oleum Painter's Touch spray paint in White (Gloss)



▼ The picture frames we transformed were bought from local charity shops for just a few pounds.

## BEFORE



## Painting Frames

Remove glass and back of frame. Sand the frame lightly and clean with a damp cloth. Cover the area where you are painting with newspaper.

Always follow the instructions on the can. The trick is to apply multiple light coats of spray paint to avoid any paint runs. Two or three light coats will be enough.

Leave to dry for 24 hours, replace the glass, insert your photograph and re-fit the back of frame.

## GETTING STARTED

If you are considering having a go at spray painting for the first time, our advice is just go for it. You will be amazed how easy it is! Full instructions are on page 4 of this booklet.

For tutorials and how-to guides, as well as many other spray paint ideas for both beginners and more experienced painters, visit our web site:

[www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com).

▲ Magazine rack painted with Rust-Oleum Painter's Touch Antique White (Gloss)



GO RETRO







# RETRO

Give objects a modern retro edge with bold colours such as orange, green and red. Inexpensive furniture and bric-a-brac from bygone days can be effortlessly revamped to look great in any contemporary home. **Make It Yours** has some great ideas for you to try for an uplifting, exciting style statement.



GO RETRO



**From drab to fab!** This £4 coffee table from a charity shop is re-vamped with Rust-Oleum Painter's Touch in Green Apple (Satin) and Real Orange (Gloss) to give it a funky, modern retro vibe.



▼ This tray, teapots and jugs were transformed beyond recognition into a kitsch ornamental piece with Rust-Oleum Painter's Touch Black (Satin).



Spray painting is all about experimenting and having fun - we were amazed at the dramatic effect achieved by painting our collection of old jugs and tea pots black! With a few accessories they look a great deal more expensive than the few pounds they cost from a charity shop - which just proves you don't have to spend a fortune for that designer look! Turn any object into a talking point with a bold, statement colour or go for vibrant, striking colour combinations to make a modern retro statement. Copy our ideas or have a go at something yourself.



▲ Chair sprayed with Rust-Oleum Painter's Touch in Claret Wine (Satin), vase sprayed with Rust-Oleum Painter's Touch in Green Apple (Satin) and tall candle holder with Rust-Oleum Universal in Hammered Copper.

METALLICS

Di

# Unleash your inner Midas Touch

Add a subtle sparkle to any room with silver spray paint or some instant opulence with gold!



▲ All of the objects above have been painted with Rust-Oleum Metallic spray paint in Bright Gold.





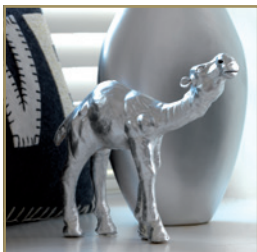
▲ Quite possibly one of our most dramatic transformations! These stunning candlesticks were spray painted in Rust-Oleum Metallic Bright Gold and Chrome. All were bought from a car-boot sale - check out the "before" shot!



BEFORE



BEFORE



▲ Camel and vase in background sprayed with Rust-Oleum Metallic in Chrome.



▲ Our Buddha was revived with two coats of Rust-Oleum Metallic Elegant Gold spray paint.

Metallic paint has seen a recent revival (although for Rust-Oleum customers it has always been a favourite!) Create instant glamour and grandeur by adding some gorgeous metallic objects to a room that don't cost a fortune. Colin the camel underwent a serious transformation, from tacky tourist bric-a-brac to an eye-catching show piece! Our collection of candlesticks underwent a dramatic transformation and look far more expensive than the £20 spent on buying them *and* painting them. Try it for yourself and be amazed at what a metallic finish can add to just about anything!



► Metallics go beyond gold and silver: Rust-Oleum Bright Copper spray paint is a great alternative for these candle holders. It's slightly softer but still adds instant sophistication to your room.

◄ Lantern sprayed with Rust-Oleum Metallic spray paint in Copper.







# Garden ideas

Add the painter's touch to your garden



► Revamp a watering can with a bright and lively yellow. We used Rust-Oleum Painter's Touch spray paint in Sun Yellow (Gloss).

► Wooden garden planters are both protected and refreshed with Rust-Oleum Painter's Touch spray paint in Oxford Green (Satin).



◀ Add depth and texture to a plastic planter by giving it a coat of Rust-Oleum's Textured spray in Deep Forest.



◀ Update weather-beaten window boxes with a coat of Rust-Oleum Painter's Touch in Sage Green (Gloss).

"Take colour outside with spray paints and add extra zing to garden furniture, planters and pots."



▲ Tired garden furniture can be rejuvenated with a few coats of spray paint. Decorative and protective, Rust-Oleum Painter's Touch provides a smooth, durable finish - choose from a wide selection of colours.



▲ Barbecues can be given a new lease of life with Rust-Oleum's Stove & BBQ Paint. Available in silver, black and green its heat-resistant formula is perfect for barbecues, chimineas and stoves.



▲ Create a bright, tranquil patio by using lighter shades on garden furniture, and paint any accessories to match. We used Rust-Oleum Painter's Touch in Ivory Bisque (Gloss) on a garden bench and planters. Also perfect for gates, trellis, garden lanterns and ornaments.

Using spray paint to

# create *faux*

Different textures give a room depth, contrast and personality. Add texture by using Rust-Oleum's Stone and Textured spray paint finishes on accessories around the home that will draw you in and invite you to touch them. Stone and Textured spray paints are easy to use and create a stunning finish that you cannot achieve with a brush. Simply follow the instructions on the can!

▲ Lamp and vase painted with Rust-Oleum Stone spray paint in Bleached Stone.



◀ We created a fantastic herb pot using Rust-Oleum Stone spray paint in Mineral Brown. Check out the "before" shot for how it looked in a former life! The storage jar is painted with Rust-Oleum Textured in Desert Bisque and tray (stood upright) is painted with Rust-Oleum Painter's Touch in Oxford Green (Satin).



▲ Ornament is sprayed with Rust-Oleum Textured spray paint in Desert Bisque.

# finishes

BEFORE



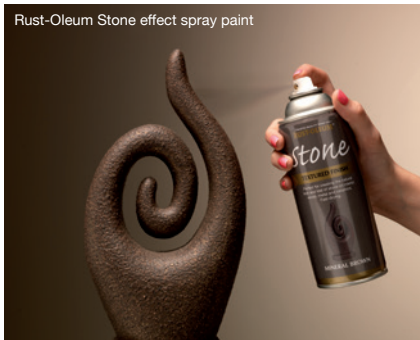
► Bowl sprayed with Rust-Oleum Stone spray paint in Black Granite.



◄ These candlesticks had a dated, marble finish and were given a new lease of life with Rust-Oleum Textured spray paint in Autumn Brown. Textured spray paint is designed for wood and metal and can be used on many other surfaces over a suitable Rust-Oleum primer.



Rust-Oleum Stone effect spray paint





ALL-SURFACE PAINT

▼ Chandelier spray painted with Rust-Oleum Universal Cardinal Red (Gloss).

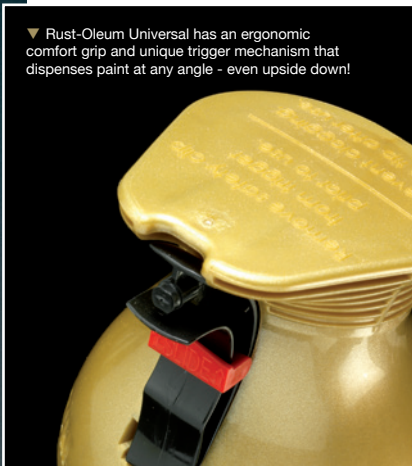


# The best spray paint in the universe

Rust-Oleum Universal is the world's first all surface spray paint. We discover its amazing applications.



▼ Rust-Oleum Universal has an ergonomic comfort grip and unique trigger mechanism that dispenses paint at any angle - even upside down!



**"This paint is incredible! It goes onto *any* surface without a primer and you can even spray it upside down - which was a massive benefit when spraying our chandelier!"**

An all-surface spray paint that paints wood, metal, plastic, masonry, concrete, fibreglass, aluminium, plaster, glass, laminate and vinyl - nearly any interior or exterior surface? It sounds too good to be true! Universal spray paint is Rust-Oleum's wonder product - and redefines the spray painting experience. Its comfort grip eliminates finger fatigue and provides precision control, while the fine mist spray with drip guard

reduces the likelihood of dripping or sagging preventing messy fingers. The advanced delivery system allows for fast and easy coverage and the unique 360° trigger allows you to spray hard to reach places like the bottom of tables, chair legs, bikes and more with no loss of pressure ensuring even coverage at any angle. See [www.rustoleumsspraypaint.com](http://www.rustoleumsspraypaint.com) for more information.

▼ **Same paint, different surfaces:** wooden chair, wicker basket, metal wine rack and MDF cabinet all spray painted in minutes with Rust-Oleum Universal White (Gloss - no need for primer!)



▼ Cupcake stand and jug sprayed with Rust-Oleum Painter's Touch in Berry Pink (Gloss), plate (in background) sprayed with Rust-Oleum Painter's Touch Candy Pink (Satin).



# Kitchen creations

**Make it Yours** has some cool, creative ideas for updating and accessorising your kitchen on a budget using spray paints.

Liven up your kitchen colour scheme with accessories. Accessories will brighten your room in an instant and you can choose any theme to bring the look together. Old storage tins, baskets, jugs and pots can be picked up from charity shops, junk shops and car-boot sales so you don't have to spend much to achieve this look. Inspired by our love for cupcakes and all things pink - we found this adorable cupcake stand. The jug and plate were picked up in a charity shop and all were given a spritz with our favourite shades of pink. Some dreary egg cups were brightened up with more pink and our breakfast tray was given a revamp with Rust-Oleum Painter's Touch in Sun Yellow (Gloss). We also created

a chalkboard using a piece of MDF and Rust-Oleum Chalkboard Paint, perfect for shopping lists and important reminders. Visit our web site [www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com) for more great ideas on ways to update your kitchen and accessories.





▲ We sprayed this herb pot with Rust-Oleum Painter's Touch in Balmoral (Gloss). Handles on kitchen utensils are sprayed with Rust-Oleum Painter's Touch in Black (Satin).

▼ Use spray paint to spruce up tired kitchen cabinets, tables and chairs. We used Rust-Oleum Painter's Touch in Spa Blue (Gloss) to lift a dreary kitchen. Storage tins and wicker baskets on the work top are sprayed with Rust-Oleum Painter's Touch in Sage Green (Gloss) and Berry Pink (Gloss).



▲ This mug tree is sprayed with Rust-Oleum Painter's Touch Sage Green (Gloss). The bread bin is sprayed with Rust-Oleum Painter's Touch in Slate Blue (Satin).



◀ Recycle and reuse! Instead of throwing them away, spray paint old tins and use them for storage. Alternatively they make great pots for planting herbs. We used Rust-Oleum Painter's Touch in Black (Matt), simply choose a colour that fits best with your kitchen decor!





Our guitar is sprayed with Rust-Oleum Painter's Touch in Oxford Green (Satin). Picture frame is sprayed with Rust-Oleum Painter's Touch in Meadow Green (Gloss).

# Make it personal

Be inspired by a favourite colour, an object or piece of clothing that you love, then find the spray paint to match - imagine, spray and create!

Create one-off pieces that reflect your personality, and that you won't find anywhere else! Plus these limited edition designs won't cost the earth. Rust-Oleum's extensive colour palette means you can easily find your preferred colour, traditional or unconventional, bright or pastel, gloss, satin, matt or metallic.



▲ Storage boxes are sprayed with Rust-Oleum Painter's Touch in Spa Blue (Gloss).

BEFORE SPRAY PAINTING



◀ We picked up this poor, old guitar at a car boot sale for just £10. By masking off the areas that we didn't want to paint and removing the strings we were able to give the guitar a whole new life in green! When dry we removed the tape and replaced the strings.





▲ Inspired by some favourite jewellery, a simple mirror was transformed with Rust-Oleum Painter's Touch in Dark Grey (Gloss). We then trimmed with decorative ribbon from a local haberdashery for a unique, quirky finish. Spray paints are also perfect for giving a new look to costume jewellery. Our bangles were sprayed with Rust-Oleum Universal in Nickel (Metallic) to give them a subtle sparkle.



▲ The colours for our coat pegs and coat hangers were inspired by the fantastic colours in this jumper. We used Rust-Oleum Painter's Touch in Dark Grey, Real Orange, Cherry Red and Deep Blue (all Gloss). Deep Blue also used on watering can. Picture frames in Real Orange.



▲ Our flying duck was a great junk shop find, sprayed with Rust-Oleum Painter's Touch in Candy Pink (Satin) and given a few hand painted decorative finishes.

BEFORE



▼ This child's rocking chair had a dated, varnished finish. We sprayed it with Rust-Oleum Universal spray paint in Sunset Orange (Gloss) to make it look fresh and modern.



Before painting..



After painting..

# UPCYCLE YOUR STUFF



We all have things lying around the home that don't fit in anymore. Rather than replace them with new items, why not spruce them up with some Rust-Oleum spray paint and make them relevant again?



Before painting..

After painting..





Before painting..



After painting..

▲ This old magazine rack looks great after a few coats of Rust-Oleum Painter's Touch in Purple (Gloss).



Before painting..



After painting..

◀ Rather than throwing away old picture frames, give them a new lease of life by spray painting them to fit with your new colour scheme. Our frames are painted with Rust-Oleum Painter's Touch in Balmoral (Gloss) and Real Orange (Gloss).

▲ Old storage jars were sprayed with Rust-Oleum Painter's Touch in Balmoral (Gloss) and Black (Gloss). We then applied stick on numbers from a haberdashery store.



▼ Candlestick is sprayed with Rust-Oleum Painter's Touch spray paint in Berry Pink (Gloss), red vase with Cherry Red (Gloss).





BEFORE



DURING



AFTER



▲ Our old wicker basket was given a thorough clean with a damp cloth and brush to remove any dust and dirt.

▲ We then used Rust-Oleum Painter's Touch in Heirloom White (Satin), applying several thin coats.

▲ The whole makeover took around 30 minutes to complete and we now have a clean, fresh, updated basket.

# INSTANT MAKEOVERS

It is astonishing how a spray of paint can change the look of something in an instant - and there are no messy brushes to clean up afterwards! Here are some makeovers that took us just minutes to complete.

BEFORE



▲ Spray paint is great for wicker and instantly covers all the intricate areas that are difficult to paint by brush.

BEFORE



▲ Our grey letters were crying out for some colour. We chose four shades of blue to bring them back to life.

BEFORE



▲ Our dated jug was in need of a makeover. We used Rust-Oleum Painter's Touch in Paprika (Satin).

AFTER



▲ We used Rust-Oleum Painter's Touch in Sage Green (Gloss). A great new look in just 20 minutes.

AFTER



▲ We used Rust-Oleum Painter's Touch in Navy Blue, Spa Blue, Deep Blue and Brilliant Blue (all Gloss finish).

AFTER



▲ We gave a spritz of Rust-Oleum Textured in Aged Iron to some old scales for an authentic finish.

# SHOW US YOUR STUFF AND WIN GREAT PRIZES

Why not have a go at spray painting something yourself? Take a photo of your project and upload it to [www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com). Every month the winning project will win **£250** and ten runners up will win a bumper pack of Rust-Oleum spray paint as expertly modelled by Sarah Beeny (right).

We hope you've been inspired by some of our ideas and we'd love to see what you've done with our paints. So much so, that every month\* we're offering you the chance to win a £250 cash prize or one of ten runners up prizes of six cans of Rust-Oleum spray paint.

To enter, visit [www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com) and click the 'Show Us Your Stuff' link. From there you'll be directed to upload a photograph of your project. Feel free to enter as many projects as you wish. At the end of each month our panel of judges will select the best project and choose a winner and runners up.

**So, come on, what are you waiting for - show us your stuff and win!**

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Terms and conditions: Entrants must be 18 or over. \*Competition runs from May 2011 to December 2012 (inclusive). Submitted projects must involve the use of Rust-Oleum spray paints. One cash prize of £250 is offered per month. 10 runners up prizes of six 400ml cans of Rust-Oleum spray paint - no cash alternative. Promoter: Tor Coatings Ltd., DH3 2RE.







from trash...



to *Treasure*

With Rust-Oleum spray paints you can instantly transform everyday objects into beautiful pieces - as individual as your home. Visit our brand new website where you'll discover a world of ideas and inspiration designed to fire your imagination and creativity. **What will you spray?**

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**RUST-OLEUM**<sup>®</sup>

Available from  **HOME**BASE and other leading retailers.

[www.rustoleumspraypaint.com](http://www.rustoleumspraypaint.com)